

INTOUCH



HOW TECHNOLOGY HELPED THE LOCKS FIGHT COVID-19

“HAVING THE SUPPORT OF A DOCTOR
WHEN YOU’RE SICK, MADE ME FEEL LIKE
EVERYTHING WAS GOING TO BE OKAY.”



A MESSAGE FROM KRISTA FINLAY PRESIDENT & CEO, MACKENZIE HEALTH FOUNDATION

I wanted to take this time to thank all who have supported Mackenzie Health in our remarkable journey. While this has been another year of uncertainty, it has also been a time of great achievement for Mackenzie Health.

Despite the many challenges we continue to face with the COVID-19 pandemic, Mackenzie Health successfully opened

Cortellucci Vaughan Hospital on June 6 as a full-service hospital for our community. With the various changes that have come our way, we've been inspired to see our health care workers step up like never before to answer the call and care for our growing community during our collective fight against COVID-19. We have also surpassed the \$200-million mark in our \$250-million campaign, and we are so grateful to have you by our side as we celebrate these milestones.

As we come to the end of this year, my wish is that you continue to remain safe and enjoy a healthy,

successful start to your new year. At Mackenzie Health Foundation, we are enthusiastic to close out the campaign and achieve our \$250 million fundraising goal which helps to ensure the ultimate in care for you and your loved ones. We are so close, and with your help we know our growing community will have access to the care they deserve now and in the future.

With sincere appreciation,

INTOUCH

InTouch is published by Mackenzie Health Foundation in support of the ultimate in health care at Mackenzie Health.

To find out more about the Foundation's fundraising priorities and upcoming events, call 905-883-2032 or visit mackenziehealth.ca/foundation



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Bernie and Shoshana

A VIRTUAL CARE SUCCESS STORY: COVID-19 MONITORING PROGRAM PROVIDES SUPPORT TO HUNDREDS OF PATIENTS LIKE BERNIE AND SHOSHANA

For 33 years, Bernard Lock worked at IBM where he was tasked with standardizing the design and structure of computer operating systems. Little did Bernie know that decades later, it would be technology that would save him from COVID-19.

Bernie contracted COVID-19 from his wife Shoshana, who became ill after a trip to the mall. While managing her COVID-19 symptoms at home, it wasn't until she received a call from a physician leading a new COVID-19 home monitoring program that Shoshana agreed to receive care from a physician.

Mackenzie Health respirologist Dr. Victoria Chan enrolled Shoshana, and later Bernie, into the program that empowers patients to monitor their symptoms and oxygen levels safely at home with regular check ins from the care team. The program acts as an early warning system for patients. When oxygen levels near a certain threshold, patients are prompted to come to the hospital for care. By providing medical care sooner, including supplemental oxygen, patients have a better chance of recovery.

While Bernie and Shoshana eventually recovered from COVID-19 and never needed to be admitted to hospital, they credit Dr. Chan's encouragement and daily check ins for getting them through.

"Having the support of a doctor when you have a 39, 40-degree temperature, you're sick as a dog, shaking, and suddenly you have someone explaining things to you and interacting with you, made me feel like everything was going to be okay," said Bernie.

To date, almost 900 patients avoided hospital admission as a result of their participation in the COVID-19 home monitoring program. For the Locks, support from people like Dr. Chan and her team at Mackenzie Health are a big part of how they survived COVID-19.

"She was awesome," said Bernie. "To hear her voice when we were so sick, was like an angel from the sky — that's how valuable it was, what you guys did."



Dr. Abara at the Rotary Club's Drive-Thru Rib Festival in September 2021.

DR. ABARA AND THE ROTARY CLUB OF WOODBRIDGE GIVE BACK TO THEIR LOCAL COMMUNITY

For decades, Dr. Abara has been a proud champion and supporter of Mackenzie Health — dating back to when it was named York Central Hospital. From 1997 to 2011, Dr. Abara held many positions at York Central Hospital, including urologist, serving on various boards and in the role of President of Medical Staff. During his time on the Mackenzie Health Foundation Board, Dr. Abara advocated for the need for a new hospital to serve the growing western York Region community. “I feel fortunate that I was part of the board where the initial request was submitted to the province for the Vaughan community to have a new hospital,” said Dr. Abara.

Now, Dr. Abara is grateful to have his dream come true as he reflects on the journey of Cortellucci Vaughan Hospital — from the initial advocacy efforts for a new hospital, to the official ground-breaking, to stepping up to support COVID-19 patients, and now serving the community as a full-service hospital. But Dr. Abara’s commitment to serving his community doesn’t stop here. Dr. Abara has also been a member of the Rotary Club since 1987. The Rotary Club of Woodbridge focuses on supporting grassroots initiatives and giving back to the community by raising funds for local initiatives. They believe it starts with contributing to the growth of Mackenzie Health and its two hospitals,

including Mackenzie Richmond Hill Hospital and Cortellucci Vaughan Hospital.

Earlier this year, the Rotary Club of Woodbridge generously pledged \$25,000 towards the new Woman and Child program at Cortellucci Vaughan Hospital. A plaque recognizing the Rotary Club of Woodbridge and their gift will be featured in the Nourishment Alcove Room in the Pediatric Urgent Care Clinic at Cortellucci Vaughan Hospital.

“Life begins with our mothers, and we want them to be as comfortable as possible when they welcome new life,” said Dr. Abara. “The Rotary Club of Woodbridge believes that any gift we make to provide to mothers and help the child grow will ultimately bring good fruition for the general public.”

Recently, the Rotary Club of Woodbridge hosted a drive-thru rib festival in September with proceeds supporting Mackenzie Health. The event helped raise over \$12,500 toward their inspiring pledge to Mackenzie Health.

To learn more about the Rotary Club of Woodbridge’s ongoing initiatives, visit clubrunner.ca/woodbridge

DOUBLE YOUR IMPACT!
 Orlando Corporation will match your donation!*



You can help ensure our health care teams have the tools they need to deliver the ultimate in care. Plus, for a limited time, your gift will be matched dollar for dollar by Orlando Corporation.

DOUBLE YOUR IMPACT: A \$5 MILLION MATCH FROM ORLANDO CORPORATION

Our community fuels all of our efforts at Mackenzie Health. Your support shows our health care workers that you appreciate and value the important work they do. Your support will also be what takes us across the Ultimate finish line, so we're excited to share the news of a generous and meaningful pledge from the Orlando Corporation which, for a limited time, can double your impact. All donations raised by the community will be matched, dollar for dollar, up to \$5 million. This matching gift initiative means that your donation today will be automatically doubled — \$50 becomes \$100 and \$100 becomes \$200! A win-win for everyone.

ULTIMATELY, ORLANDO CORPORATION HOPES TO INSPIRE ALL TO MAKE AN IMPACT IN THEIR COMMUNITY.

For more than 70 years, as a respected industrial real estate developer and property manager, the Orlando Corporation has shaped the landscape of several

communities in the Greater Toronto Area. There's no surprise that their desire to provide the best for York region is evident in their transformational pledge commitment to match up to \$5 million in donations made to Mackenzie Health Foundation.

This pledge commitment will help ensure our health care teams have the tools they need to deliver the ultimate in care. Thank you to the Orlando Corporation for their generosity and support. This matching opportunity will enable us to enhance care at Mackenzie Richmond Hill Hospital and equip Cortellucci Vaughan Hospital with critically-needed equipment and technology now that the hospital doors are open.

For more information about the Orlando Match, visit mackenziehealth.ca/campaign

ULTIMATE AUCTION

FOR MACKENZIE HEALTH

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DECEMBER 1 – 8, 2021

MHFAUCTION.CA

OUR HIGHLY-ANTICIPATED AUCTION IS BACK!

Thanks to the generosity of our community, last year's UnGala donations and online auction raised over \$400,000 in support of Mackenzie Health. And this December, we're hosting our 34th annual auction — an exciting opportunity for you to bid on high-calibre items, like electronics, wine, gift cards, jewellery, holiday gifts and more. Plus, businesses throughout Richmond Hill, Vaughan and King can partner with us to get access and brand exposure to our target audiences through a variety of channels.

YOUR SUPPORT HAS NEVER BEEN MORE IMPORTANT.

Your generosity will help fund our highest-priority needs, like equipping the new Cortellucci Vaughan Hospital, enhancing care at Mackenzie Richmond Hill Hospital and supporting our front-line workers in our ongoing fight against COVID-19.

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DRAWS!



50/50
LOTTERY

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\$5,000 minimum guaranteed Grand Prize

\$1,000 Early Bird Prize

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You must be 18 or older and physically in Ontario at the time of purchase to enter. Tickets are available online only. For complete Rules of Play and to buy your tickets, visit MHF5050.ca. Lottery License #RAFI208539



GIVING BACK IS AT THE HEART OF DR. BISHINSKY'S WORK

Dr. Jonathan Bishinsky is one of the many physicians at the forefront of providing cardiac care to western York Region. He joined Mackenzie Health in 2004 as a consultant in the Division of Cardiology. Today, 17 years later, his passion for cardiology and internal medicine continues to be woven into the exceptional care he provides to patients at Mackenzie Health and his clinic in Aurora.

On a day-to-day basis, Dr. Bishinsky enjoys the challenges and complexities of his work, as well as the gratifying results that can come from resolving difficult patient scenarios.

As heart disease continues to be a leading cause of hospitalization and death in Canada, the need to provide access to enhanced cardiology care has never been

greater. That's why

Dr. Bishinsky has made numerous donations over the last 15 years, including a legacy gift to support Mackenzie Health and the community he calls home.

Mackenzie Health's legacy gifts (a gift in one's Will) will help fund essential equipment and technology to support the ultimate in care — things like Automated External Defibrillators (AEDs), ventilators, ultrasound machines and so much more. Dr. Bishinsky's gift will help Mackenzie Health bring advanced cardiac care right here, close to home for our diverse and growing community.

"The generosity of the community has played a big role in the work we do at Mackenzie Health. It enables us to provide a higher level of cardiology care and access to



resources patients need right in their backyard," says Dr. Bishinsky. "It's important for me to do my part in giving back to my local hospital and helping the future of Mackenzie Health — the place that nurtured and supported me."

Dr. Bishinsky hopes that he can inspire physicians, staff and the community to get involved and do their part — big or small — in making a difference.

For more information about legacy giving, visit mackenziehealth.ca/legacy-giving

Donor profile – ATTA HUSSAIN

The spirit of generosity defines the Hussain family's legacy. Atta Hussain is a devoted father and grandfather not only for his own family but also for many local and international Islamic communities. This includes his desire to support the best in education, religious learning, feeding the hungry, access to community supports and now the ultimate in health care. Mr. Hussain's gift to fund the Airborne Isolation Room in

the Pediatric Inpatient Unit at Cortellucci Vaughan Hospital will support families through some of life's most poignant moments — from pregnancy and delivery to neonatal and pediatric care.

"We are living in this world not for ourselves but for others. My lifelong commitment is to help people. When you have children and grandchildren, you're always thinking about how you can

support families that need it the most," said

Mr. Hussain, head of the Al-Hussain Foundation, a non-profit organization that includes the Al-Hussain Mosque and Janatt Wadi Al-Salaam Cemetery. His Foundation, the Al Hussain Foundation, is continuously working to provide support to the community.



THE FIRST MONTHS: CORTELLUCCI VAUGHAN HOSPITAL BY THE NUMBERS*

34,677

Visits to the Magna
Emergency Department

1,235

Births

2,171

Operating Room Procedures

1,263

In-Person Outpatient
Mental Health Clinic Visits

1,902

Pediatric Urgent Care
In-Person Visits

59,644

Diagnostic imaging visits

15,934

CT Scans

6,376

MRI scans

**From opening day on
June 6, 2021 to November 1, 2021*

CORTELLUCCI VAUGHAN HOSPITAL OFFICIALLY OPENS ITS DOORS

Mackenzie Health's two-hospital future is now a reality for our growing community after more than a decade-long journey. On June 6, 2021, Mackenzie Health opened the doors of Canada's first smart hospital, Cortellucci Vaughan Hospital. The Cortellucci Vaughan Hospital is now home to specialized programs such as Woman and Child, Inpatient Mental Health, Sorbara Integrated Stroke unit along with core services such as surgery, medicine, critical care, and the full-service Magna Emergency.

Since opening to the community as a full-service hospital, our team has already achieved many remarkable milestones.



With two full-service hospitals now open, we can double access to care for our community. This incredible journey to two hospitals wouldn't have been possible without the hard work and dedication of so many. We thank our generous community and donors for their continued support.

To learn more about the programs and services available and how you can help make a difference at both Mackenzie Richmond Hill Hospital and Cortellucci Vaughan Hospital, visit: mackenziehealth.ca

OPERATING TWO HOSPITALS AND THE IMPACT OF COVID-19

Cortellucci Vaughan Hospital was a much-needed and welcome addition to increase access to quality health care for our growing community. It was also designed to help ease the pressures experienced in the Nick and Roseanne Cortellucci Emergency Department at Mackenzie Richmond Hill Hospital.

No one could have anticipated a global pandemic, and unfortunately we're continuing to see increased volumes at both of our hospitals. Those who are coming to us are very sick, resulting in higher-than-anticipated admission rates. These increased volumes compounded with the challenges we and all hospitals across the province are facing with health human resources are putting additional pressure on our operations and on our people. Our focus is always on providing safe, quality care to our patients and no one should hesitate to seek emergency care if they need it. We appreciate the community's patience, support and understanding as we manage through these very difficult times.

VACCINATION POLICIES AT MACKENZIE HEALTH

COVID-19 continues to affect our community and remains a concern across our region and the province. The most severe impacts are on those who are unvaccinated. Many hospitals across the GTA, including Mackenzie Health, have implemented vaccination policies to reduce and minimize opportunities for transmission of COVID-19.

Mackenzie Health implemented a vaccination policy in Fall 2021 for our staff, physicians, contractors, learners and volunteers as well as a vaccination policy for visitors which came into effect on November 15. Visitors are required to show proof of full COVID-19 vaccination or a medical exemption along with a piece of government-issued ID to enter the hospital. There are limited exceptions for support persons or visitors of labour and delivery, NICU or paediatric patients; support persons or visitors of

imminent end-of-life patients; and support persons or visitors accompanying a patient to the Emergency Department.

We recognize how important it is for patients to be surrounded by family and friends while they're in hospital. We're doing everything we can to ensure that families feel supported and connected while their loved ones are in hospital. Those who are unvaccinated can still connect with their loved ones virtually or by phone. We've made WI-FI free across the hospital and all TV, internet and phone access free on the tablets available at each bedside.

AN INVESTMENT WHERE IT MATTERS MOST

In response to the COVID-19 pandemic and the strain it has left on our health care system, Longo's Family Charitable Foundation has generously donated \$50,000 and will match all donations up to \$50,000 towards our COVID-19 Fund to support our front-line hospital staff.

Investing in the health and wellbeing of those working tirelessly to keep our community safe has been a motivating factor for this generous gift, along with others. These contributions have been vital in helping Mackenzie Health staff and physicians get through this unprecedented crisis and provide the care necessary for those who come through our hospital doors day in and day out.

With this gift, Mackenzie Health initiated a recovery resilience training program for its front-line staff, including workshops to deal with compassion fatigue and build emotional resilience. We're immensely grateful to the Longo's family for this generous and much-needed support.

To make a donation, visit: mackenziehealth.ca/covid19-response



PRESENTED BY



Foundation

VIRTUAL PANEL

DISCUSSION ON MENTAL HEALTH

During the COVID-19 pandemic, we have seen a considerable increase in those coming to the hospital for mental health supports. On Wednesday, October 20, 2021, at 7 p.m., Mackenzie Health and Mackenzie Health Foundation hosted a virtual panel discussion featuring a number of our experts to engage the community in an important conversation about mental health.

The discussion, presented by RBC Foundation and hosted by Melanie Ng, CityNews and Breakfast Television anchor, provided helpful information on how to navigate mental health challenges in general and amid the COVID-19 pandemic.

It also addressed the burning questions York Region residents wanted to know — including how to help children maintain healthy social interactions during the pandemic and how exercise and nutrition can help with mental health.

MEET THE PANELISTS:

A psychiatrist at Mackenzie Health

specializing in Neuropsychiatry and Geriatric Psychiatry, **Dr. Marzouk** shared his experience caring for vulnerable seniors and discussed the potential impacts the pandemic could have on their mental health. **Angela Pai**, a social worker in Adult and Child & Family Outpatient Services at Mackenzie Health, discussed how patients can support their children during this time of uncertainty.

Heather Hunter, a social worker in the Intake and Urgent Care Clinic, shared some helpful preventative measures and mental health resources available to our community. And **Odil Sadikian**, a crisis intervention worker in the Emergency Department, shared how she provides care to patients in crisis along with some strategies to cope with everyday mental health challenges.

We want to thank all who joined us in October, and we hope you found the discussion helpful and informative.

Feel free to share it with your family and friends. Now more



than ever, we need the support of our community so that our health care workers have the equipment, technology, and resources they need to provide the safe, quality care our community needs and deserves. If you haven't already, please consider making a donation today.

The RBC Foundation has had a longstanding history investing in Canada's mental health system. In 2020, they donated \$2 million to the new Emergency Psychiatric Unit (EPU) within the state-of-the-art Magna Emergency at Cortellucci Vaughan Hospital. The RBC Emergency Psychiatric Unit continues to help ensure Mackenzie Health's mental health services keep in stride with community needs.



For those who were unable to attend, a recording of the panel discussion is available at mackenziehealth.ca/mental-health-panel-discussion



PERSEVERANCE YIELDS RICH RESULTS

On August 3, 2021, The Markham, Richmond Hill & Vaughan Chinese Business Association [MRVCBA] held a charity golf event raising funds for Mackenzie Health and the Hong Fook Mental Health Foundation. Despite the uncertainties of the current pandemic, the MRVCBA forged ahead with plans for this year's event thanks to the amazing hard work and dedication of the organizing committee.

As cases declined, and social activities started to resume, hosting the golf tournament became an opportunity to finally reconnect as a business community in the

face of adversity while giving back in support of community medical institutions like Mackenzie Health. Thirty-six teams with 144 participants took part in the event at Station Creek Golf Club in Gormley, raising a total of \$10,000 to advance the ultimate in health care for Mackenzie Health.

We couldn't be more grateful for the contribution and support on behalf of the MRVCBA. The association continues to provide strong leadership and support to its members and community through the pandemic. Their incredible gift despite these challenging times is another amazing example of resilience and commitment to providing our York Region residents with exceptional care.

IT TAKES A COMMUNITY TO BUILD A HOSPITAL

This has been such a challenging year, and we continue to be so grateful for the support, resilience and dedication of our community. Community events are a crucial element to reaching our \$250-million goal. For more information on how you can get involved, please visit: mackenziehealth.ca/support-us/foundation/get-involved/host-your-own-event



STRIDES FOR SENIORS PLEDGED \$150,000 IN SUPPORT OF THE BALDASSARRA AND FAMILY IN-PATIENT DIALYSIS UNIT, PATIENT AND VISITOR SEATING AREA WITHIN THE MEDICAL/NEPHROLOGY UNIT

We thank organizers Joseph Gulizia, Patrick Ciccolini, Mario Masellis and John Vettese for all their hard work in putting this event together. We are forever grateful for your generosity and commitment to exceptional care.

THE ULTIMATE IS WITHIN REACH. LET'S MAKE IT HAPPEN!

All across York Region, community members are banding together like never before to make history, bringing the Ultimate in health care to York Region. While the doors of Cortellucci Vaughan Hospital may be officially opened to our community, our work is far from over. We are excited to have surpassed the \$200 million mark of our \$250-million Ultimate fundraising goal, but there is still a significant amount of essential equipment and technology left to fund!

More than 13,000 donors all over York Region and beyond have stepped up to the plate to do their part to shoulder this remarkable fundraising campaign – and you can still be one of them! With recognition opportunities starting at \$10,000, contact us today for more information or visit explorecvh.ca to learn more about how you can put your mark on this state-of-the-art project.

2021 EVENT HIGHLIGHTS

Thank you to all our participants, sponsors, donors and committee members for making our 2021 events an incredible success. We hope you will join us next year for our 2022 Ultimate events. Stay tuned for more details.



\$135,000
RAISED



\$446,000
RAISED



\$220,000
RAISED