

# INTOUCH



**EMERGENCY DELIVERY SAVES  
MOM AND HER MIRACLE BABY**



## MESSAGE FROM KRISTA FINLAY PRESIDENT & CEO, MACKENZIE HEALTH FOUNDATION

Spring is a special time of year, signifying growth and change. In every possible way, Mackenzie Health is growing to meet the needs of our vibrant and diverse community. Thank you for making it happen.

You are helping to bring the ultimate in health care to our community. Your donations are making history as we continue on our journey to raise \$250 million to enhance care at Mackenzie Richmond Hill Hospital and build and equip the first net new hospital in Ontario in 30 years. Mackenzie Vaughan Hospital will also be Canada's first smart hospital.

Our community deserves the ultimate and, thanks to your support, we will make it happen.

I hope you take pride as you read the stories on the following pages. Your support allows Mackenzie Health to transform lives each and every day. Whether you are inspired by Christina's story or the esteemed business leaders investing in our vision, there is much to celebrate as we move closer to our two-hospital future.

With sincere gratitude,

## INTOUCH

*InTouch* is published by Mackenzie Health Foundation in support of the ultimate in health care at Mackenzie Health.

To find out more about the Foundation's fundraising priorities and upcoming events, call 905-883-2032 or visit [mackenziehealthfoundation.ca](http://mackenziehealthfoundation.ca)

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# FROM FEAR TO JOY

## A FIRST-TIME MOM'S JOURNEY

Christina always dreamed of being a mom and after marrying her long-time sweetheart Ben they began planning to start a family. To their surprise, Christina and Ben had a difficult time getting pregnant. The couple consulted a fertility specialist and after a successful first round of in vitro fertilization (IVF) became pregnant.

Christina's pregnancy progressed as expected up until the seven-month mark. "One morning, I woke up with extreme head pain. I felt foggy and my vision started to blur," says Christina. Ben came home to check on her and when she lost consciousness, he called 911. The ambulance rushed her to Mackenzie Health, and by the time Christina woke up in the Emergency Department she was unable to see. The team of doctors and nurses had to act quickly to save Christina and her baby. The team decided to perform an emergency c-section and rushed Christina into the operating room.

The procedure was a success and on December 3, 2018 this first-time mom delivered, at 32 weeks, a healthy baby boy named Vincent. Christina recovered in the Intensive Care Unit (ICU) while Vincent was transferred to the Neonatal Intensive Care Unit (NICU). "Our Labour and Delivery

team promptly helped Christina to safely deliver baby Vincent. Physicians and nurses worked together across departments to ensure the health of Christina and her new baby," explains Mayura Kandasamy, Patient Care Manager in Labour and Delivery and member of Christina's care team.

Christina was stabilized in the ICU after delivery and held her son for the first time. "Although I couldn't see Vincent while I held him, I felt more joy and love than I ever thought was possible," beams Christina. Soon after, she regained her vision and could finally see the beautiful little boy she brought into the world.

An MRI and CT scan helped her care team confirm that Christina's blood pressure had unexpectedly skyrocketed when she was at home, causing excruciating head pain and temporary vision loss.

Baby Vincent spent two months in the NICU where he received compassionate and expert care.

Today, Vincent is happy, healthy and hitting all of his milestones. Christina and Ben are grateful for the knowledgeable doctors and nurses who cared for her and Vincent during and after her preterm labour crisis.

“ My son and I are here today because of the good judgment and fast action of the Mackenzie Health doctors and nurses who cared for us,” says Christina. ”

*Grateful patient Christina with her son, Vincent.*



Remo Ferri, President, R. Ferri Automotive, and his family present a \$1-million gift in support of the Neonatal Intensive Care Unit at Mackenzie Vaughan Hospital to Altaf Stationwala, President and CEO, Mackenzie Health; Rina Pillitteri, Chair, Board of Directors, Mackenzie Health Foundation; Maurizio Bevilacqua, Mayor of City of Vaughan and Chair, the Ultimate Campaign; and Krista Finlay, President and CEO, Mackenzie Health Foundation.

## FEATURES OF THE NEW AND EXPANDED WOMAN & CHILD PROGRAM AT MACKENZIE VAUGHAN HOSPITAL



Capacity for 4,000 births a year compared to our current volume of 2,650 births a year



Natural light-filled and home-like spaces



Dedicated elevator for expectant mothers to bypass high-traffic areas



Neonatal Intensive Care Unit (NICU) with 12 spacious private suites



Seven-bed pediatric unit with an urgent care clinic to keep children out of the Emergency Department



Care by Parent Room where parents can practice caring for their newborn

## R. FERRI AUTOMOTIVE REVS UP \$1 MILLION FOR NEWBORNS AND THEIR FAMILIES

Family is very important to Remo Ferri, President of R. Ferri Automotive. So is the community of Vaughan where Remo has built his highly successful automotive business. “We have been waiting a long time for the moment where we can invest in our local hospital,” says Remo. When presented with the opportunity to contribute to the Ultimate campaign, Remo knew he wanted to direct his generous \$1-million gift toward supporting families in the Neonatal Intensive Care Unit (NICU) at Mackenzie Vaughan Hospital.

With a long history of giving to organizations that support children’s health, this transformational gift will be recognized by naming the family lounge and play area

within the NICU. “Helping to provide a room where kids and their families can take their minds off of the reason they’re in the hospital is something we can be proud of,” explains Remo.

When the new hospital opens, families will have a peaceful and inviting space to rest and recharge when their little one is being cared for at the hospital. “Spaces like the R. Ferri Automotive Family Lounge are just as important as the clinical care we provide to our patients,” says Altaf Stationwala, President and CEO, Mackenzie Health. Generous community partners, like R. Ferri Automotive, are bringing the ultimate in health care close to home for young patients and their families.



Drivers-in-training at the 15th Annual Ferrari Rally of Ontario on October 6, 2019.

## FERRARI DRIVERS RALLY FOR OUR TINIEST PATIENTS

On October 6, 2019, hundreds of Ferrari enthusiasts gathered at The Arlington Estate in picturesque Kleinburg for the 15th Annual Ferrari of Ontario Rally. Drivers travelled over the rolling hills of the region, raising funds for young patients and their families at both Mackenzie Health and SickKids. The event raised \$200,000 in support of the \$1-million pledge from R. Ferri Automotive to fund the NICU Family Lounge and Play Area at Mackenzie Vaughan Hospital.



“Our vision is to offer responsive treatment when needed, manage symptoms, reduce the risk of relapse and provide the support our community partners need to keep people with mental illness home and active in their community.”

## CULTIVATING OUR CULTURE OF GENEROSITY

*Dr. Steven Youssoufian, Chief and Medical Director, Mental Health Program*

As both a donor and physician, Dr. Steven Youssoufian feels a strong sense of responsibility towards Mackenzie Health. “If you have the opportunity to lead, you absolutely should,” he says. As the Chief and Medical Director of Mental Health at Mackenzie Health, Dr. Youssoufian has been working tirelessly to establish Mackenzie Health as a leader in mental health care since joining the hospital in 2012. For Dr. Youssoufian, leadership also includes philanthropy.

“My family and I live in this community, so Mackenzie Health is my hospital too. I give to make sure every patient receives the very best care in an environment that supports their recovery.” In addition to a financial contribution made to the Ultimate campaign, Dr. Youssoufian gives his time to speak at fundraising events on behalf of Mackenzie Health Foundation. Most recently, Dr. Youssoufian delivered heartfelt remarks to guests of *Caruso: A Musical Tribute to*

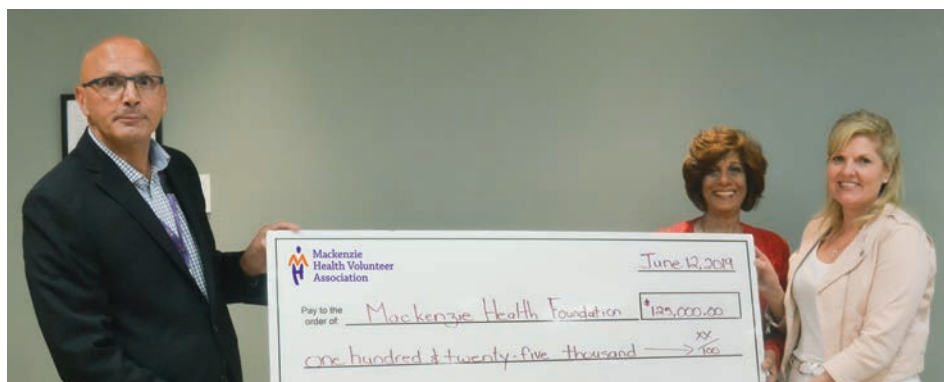
*Fabio Iannello*. The event raised \$30,000 in support of the new Mental Health Unit at Mackenzie Vaughan Hospital.

The state-of-the-art Mental Health Inpatient Unit at Mackenzie Vaughan Hospital will transform the patient experience. “Our team is equipped with mental health expertise and the new Mental Health Inpatient Unit will enhance our ability to support someone in crisis. Patients will have the right space to give them the best chance at managing their mental illness and recovery with family by their side.”

Always leading by example, Dr. Youssoufian hopes his philanthropic efforts will encourage fellow physicians and staff to contribute to the growing Culture of Generosity at Mackenzie Health. “If community members see that people on the inside of Mackenzie Health are giving back, my hope is that it will inspire them to give as well.”

## SUPPORTING MENTAL HEALTH IS TOP OF MIND FOR MACKENZIE HEALTH VOLUNTEER ASSOCIATION

Mackenzie Health volunteers have pledged to raise \$500,000 in support of the new Mental Health Inpatient Unit at Mackenzie Vaughan Hospital. The tremendous generosity of the Mackenzie Health Volunteer Association (MHVA) helps ensure patients receive the ultimate in mental health care.



*Fred Visco, Treasurer, and Sally David, Past President, Mackenzie Health Volunteer Association, present Krista Finlay, President and CEO, Mackenzie Health Foundation, with the second installment of MHVA's \$500,000 pledge.*

The need for mental health treatment in York Region has increased by almost 30 per cent in recent years. In particular, seniors are experiencing unique mental health challenges where diagnosis and treatment can be complicated by other chronic conditions like dementia. Teenagers are also struggling with their mental health at high rates and Mackenzie Health strives to support them with mental health care that makes a meaningful difference in their lives.

Designed for the safety, wellness and comfort of patients, the new Mental Health Inpatient Unit at Mackenzie Vaughan Hospital will feature a physical activity room. Research has shown that physical activity is an effective therapeutic tool for mental health recovery. MHVA has generously funded the physical activity room where patients will have access to treadmills and exercise bikes as well as space to quietly stretch and practice yoga.



## BERWICK FAMILY AUDITORIUM: WORLD-CLASS VENUE FOR CONTINUOUS LEARNING

A high-tech, multi-purpose space capable of seating up to 400 in one large room, or the ability to divide into three smaller rooms, the Berwick Family Auditorium at Mackenzie Vaughan Hospital will be a dedicated space for large hospital meetings, events and conferences involving health care experts from across York Region, the GTA and the province.



## HIGH-TECH LAB EQUIPMENT: BETTER DIAGNOSTIC TOOLS FOR AN IMPROVED PATIENT EXPERIENCE

The lab at Mackenzie Richmond Hill Hospital is now equipped with a Cytology Thin Prep Processor (pictured), the gold standard in cancer screening; Analyzer and Interface Software, which increases efficiencies for blood groups and screens eightfold; and a Cell Washer, which automates the cell washing process for anti-globin tests. Thanks to the Berwick family, patients now receive test results sooner.

## DENISE AND DIANE BERWICK LEAVE A LASTING LEGACY AT MACKENZIE HEALTH

Denise and Diane Berwick: identical twins who shared a special bond. They were thoughtful, kind, witty and committed to life-long learning. Denise and Diane were raised in King City. From an early age, their parents, Bob and Mavis Berwick, instilled in them the importance of giving back.

The sisters grew up watching their parents give of their time, talents and funds to make their community better for everyone. In addition to managing his own electrical company, Bob was a volunteer firefighter for King City and an active member of the Lion's Club. Mavis volunteered as a member of the All Saints Anglican Church and catered many events to raise funds for local priorities, including the community hospital known at the time as York Central Hospital.

When Bob passed away in 2008, Denise, Diane and Mavis knew they wanted to meaningfully commemorate his life while, at the same time, doing something that would positively impact the community in which he had lived, worked and volunteered. The Berwick family began by funding the Berwick Family Auditorium at Mackenzie Richmond Hill Hospital jointly with Bob's brother Bill. Next, they funded the nursing

station in the Emergency Department and the Waiting Room in the Outpatient Clinic.

As the Berwick family learned more about the impact of their gifts, their commitment to Mackenzie Health grew even stronger. Next, they chose to fund minimally invasive surgical suites and state-of-the-art equipment for the laboratory.

As the Berwick family learned more about the impact of their gifts, their commitment to Mackenzie Health grew even stronger.

Upon Denise's passing in 2009, Diane and Mavis decided they wanted to build on their family's legacy by making a transformational gift. They set their sights on supporting the new Mackenzie Vaughan Hospital. Knowing her sister

better than anyone, Diane determined that the Auditorium – a place where visitors and staff from across the hospital could meet to share ideas, learn and collaborate to deliver better health care – would be an ideal tribute.

While Diane spent the remaining years of her life funding projects meaningful to both herself and Denise, the Berwick Family Auditorium was her last act of kindness in life. Diane passed away in January 2015. The legacy that Denise and Diane created at Mackenzie Health will benefit thousands of people for years to come.



Your friends, family members, colleagues and neighbours are on the Ultimate leaderboard. Are you?

## THE COMPETITION IS HEATING UP ON OUR LEADERBOARD!

We know our community isn't afraid of a little healthy competition. In fact, it's inspiring some serious generosity in support of Mackenzie Health. Donors are vying for the top spot on the Ultimate leaderboard, specifically donors in Vaughan and Richmond Hill. They're almost neck and neck!

So, what's the leaderboard all about? Each time you make an online donation, you have the option of adding your name to several leaderboards based on your location and favorite sports team, car or screen (Netflix, anyone?). Then, based on your location and the amount of your donation, team, car or screen of choice, you are placed on the respective leaderboards. If you're the most generous donor who checked the Raptors as your top team then you might claim the top spot on the Raptors Fans Leaderboard. The Global Leaderboard – a.k.a the Ultimate leaderboard – shows the most generous donors overall.

Big or small, each donation brings us closer to our \$250-million campaign goal to help build and equip Mackenzie Vaughan Hospital and enhance care at Mackenzie Richmond Hill Hospital. We are getting closer and closer to opening Canada's first smart hospital and we can't do it without you. Claim your spot on the Ultimate leaderboard and show off your support of Mackenzie Health!



From left to right: Frank Magliocco, Managing Partner and National Real Estate Leader, PwC; Mark Falbo, Chair, Board of Directors, Mackenzie Health; Diane Kazarian, Managing Partner, GTA, PwC; Nicolas Marcoux, CEO and Senior Partner, PwC; Maurizio Bevilacqua, Mayor of City of Vaughan and Chair, the Ultimate Campaign; Mary-Agnes Wilson, Executive Vice President, Chief Operating Officer and Chief Nursing Executive, Mackenzie Health; Krista Finlay, President and CEO, Mackenzie Health Foundation; Rina Pillitteri, Chair, Board of Directors, Mackenzie Health Foundation.

## PWC CANADA OPENS NEW OFFICE IN VAUGHAN AND GIVES BACK WITH \$250,000 DONATION

In the spirit of giving back, PwC Canada presented Mackenzie Health Foundation with a \$250,000 donation. The announcement was made on December 4, 2019 during the grand opening of PwC Canada's new GTA North office located at the Vaughan Metropolitan Centre.

"As we open our new PwC office in Vaughan, we are thrilled that we can contribute to the future and health of York Region," said Frank Magliocco, Managing Partner and National Real Estate Leader, PwC Canada. "Mackenzie Health is a pillar of the community as they build the first new hospital in York Region in the past 30 years. As the community continues to grow, the need for access to health care is more important than ever."

# PREPARING FOR OUR TWO HOSPITAL FUTURE

At this time next year, Mackenzie Vaughan Hospital will be up and running. The new hospital will double our community's access to the ultimate in care. As some of our most recent milestones prove, we are enhancing care today at Mackenzie Richmond Hill Hospital and preparing for our tech-enabled future.



*A patient in our surgery unit at Mackenzie Richmond Hill Hospital tests MyCare bedside technology before it's introduced at Mackenzie Vaughan Hospital.*

## PATIENT FEEDBACK ENHANCES NEW BEDSIDE TECHNOLOGY

We have been piloting new patient bedside technology in our surgery unit at Mackenzie Richmond Hill Hospital in preparation for opening Canada's first smart hospital. MyCare launched in our surgery unit and has been providing a personalized health experience to more than 30 patients.

Patients have shared helpful feedback and are already making use of some of the technology's features – they're learning about the medications they have been prescribed and watching educational videos to prepare for upcoming procedures. Piloting MyCare is just one of the ways we're working to create a better patient and caregiver experience at both Mackenzie Richmond Hill Hospital and the future Mackenzie Vaughan Hospital.

## DATA CENTRES WILL KEEP OUR TWO HOSPITALS CONNECTED

Installing the right technology is essential to supporting both clinical and non-clinical systems. Mackenzie Health's technology enables patients, nurses and physicians to access the electronic medical record (EMR) and supports the medical devices that will establish Mackenzie Vaughan Hospital as the first smart hospital in Canada.

The 150,000 lb prefabricated modular data centres were designed, manufactured, configured and tested at a factory near Windsor and installed by cranes at the Mackenzie Vaughan Hospital site. A similar



*Cranes place the modular data centres beside the Central Utility Plant (CUP) at Mackenzie Vaughan Hospital.*

data centre was previously installed at Mackenzie Richmond Hill Hospital and is already supporting the hospital's operations.

These data centres will sit beside the Central Utility Plant (CUP) outside the main hospital building to create more space inside the hospital for clinical services. The equipment will benefit from natural cooling resulting in energy efficiencies and savings in energy costs. They've been designed so that any future upgrades needed because of advances in technology can be done efficiently and cost-effectively.

Mackenzie Health is the first in Ontario to have two of these modular data centres connected by a fiber-optic cable installed between two hospitals. In the event of an outage at one site, a back-up will be available at the other site ensuring minimal downtime. This means that our nurses and physicians will be able to provide continuous, quality care to patients without interruption.





*Dr. Michael Kogon, Division Head of Urology, performs GreenLight Laser Therapy, a minimally invasive alternative to traditional treatment of an enlarged prostate.*

*Construction progresses on one of two courtyards connected to the new Mental Health Inpatient Unit at Mackenzie Vaughan Hospital (top right). The courtyards will offer peaceful outdoor space and direct views from patient rooms in the Psychiatric Intensive Care Unit (pictured above).*

## NEW GREENLIGHT LASER THERAPY GETS PATIENTS HOME SOONER

A pilot program recently introduced at Mackenzie Richmond Hill Hospital is helping to provide much-needed relief for men living with an enlarged prostate. GreenLight Laser Therapy is a minimally invasive, outpatient procedure used to treat an enlarged prostate, formally referred to as benign prostatic hyperplasia (BPH). Some men experience BPH as they age, which can cause a weak or slow urine stream, recurring infections, bleeding or frequent urination.

The GreenLight Laser works by rapidly heating and vaporizing the excess prostate tissue, opening a channel in the prostate, making it easier for the patient to urinate. BPH patients have traditionally been treated using a procedure called transurethral resection of the prostate (TURP), which can have several side effects including pain, bleeding, prolonged catheterization and longer hospital stays. GreenLight Laser procedure reduces the risk of bleeding and allows patients to be discharged from hospital the same day.

## LETTING THE LIGHT IN FOR MENTAL HEALTH PATIENTS

Access to natural light is known to help in healing and recovery. The new Mental Health Inpatient Unit at Mackenzie Vaughan Hospital will have plenty of windows to bring the outside in. Every patient care area will include access to a secure and tranquil outdoor courtyard. These outdoor spaces will include seating areas for patients and families to connect while being surrounded by natural gardens. Each patient room will have a safety window to provide daylight and a view to the outside.

The new Mental Health Inpatient Unit will include a designated family lounge in addition to social spaces where patients can have some quiet time or connect with family members and friends. The new Mental Health Inpatient Unit will provide the right space for patients and caregivers to manage mental illness and recovery.



MACKENZIE HEALTH FOUNDATION'S

# Around the World GALA

NOVEMBER 2, 2019  
UNIVERSAL EVENTSPACE  
VAUGHAN

## \$1.16M IN ONE NIGHT

More than 1,100 community leaders from across York Region came together on Saturday, November 2 to raise \$1.16 million for Mackenzie Health. Gala co-chairs Milena Calabro and Stephanie Pillitteri welcomed guests to an international experience, featuring cuisine from some of the most popular gastronomic destinations around the world. Guests feasted on dishes from China, Mexico, Brazil, Morocco and Italy while enjoying performances by a mariachi band, samba dancers and Chinese lion dancers.

Throughout the night, guests had the opportunity to bid on more than 280 silent auction items, and one lucky raffle winner drove away in a 2019 Alfa Romeo Giulia TI RWD, generously donated by R. Ferri Automotive. This year's live auction featured an equipment appeal that raised \$148,000 for infant incubators.

Thank you to our guests, sponsors and volunteers for making the 32nd annual Mackenzie Health Foundation Gala an international sensation!



Presented by  
**ROGERS**

# IT TAKES A COMMUNITY TO BUILD A HOSPITAL

All across York Region, community members are helping to make our two-hospital model a reality. We are grateful for each and every community event held in support of Mackenzie Health. It truly takes a community to build a hospital and what a wonderful community we have!

If you've been inspired to host your own event in support of Mackenzie Health, please contact Danielle Panaro, Community Events Coordinator, at 905-883-1212 ext. 7022 or visit [mackenziehealthfoundation.ca/host-your-own](http://mackenziehealthfoundation.ca/host-your-own)

**PLEASE VISIT**  
[mackenziehealthfoundation.ca/  
upcoming-events](http://mackenziehealthfoundation.ca/upcoming-events)

**FOR A LIST OF UPCOMING  
COMMUNITY EVENTS IN  
SUPPORT OF MACKENZIE  
HEALTH.**



Vaughan Mayor Maurizio Bevilacqua, Councillor Sandra Yeung-Racco and Lunar Gala co-chairs, Andy Chan and Justin Poy, present a donation to Krista Finlay, President and CEO, and Luci Anderson, Vice President, Philanthropy, Mackenzie Health Foundation.



Beautiful models from the Mother-Daughter Fashion Show at Joy of Aging, many of whom are long-standing champions of Mackenzie Health Foundation.



Dr. Steven Youssoufian, Chief and Medical Director, Mental Health presents the Iannello family – Riccardo, Ray, Vicky, Laura and Danny – with a plaque recognizing their contribution to mental health care.

## COMMUNITY CELEBRATES MID-AUTUMN FESTIVAL AT VAUGHAN MAYOR'S LUNAR GALA

Each year, members of the Asian community in Vaughan and around the world celebrate the Mid-Autumn Festival, also known as the Moon Festival. On September 20, 550 guests gathered at Riviera Event Space for the second Vaughan Mayor's Lunar Gala. Entertainment included performances by Chinese classic dancers, a violinist and singers. This black-tie event celebrated Asian culture and raised \$75,000 for the Ultimate campaign.

## JOY OF AGING SUPPORTS SURVIVORS OF DOMESTIC AND SEXUAL ABUSE

In the 11 years the event has been held, Joy of Aging has raised over \$370,000 in support of the Domestic and Sexual Assault (DASA) Care Centre of York Region at Mackenzie Health. On October 6, 200 life-loving women learned about the importance of skin care, indulged in massages and watched a dynamic mother-daughter fashion show. This year's event raised \$35,000, including an equipment appeal which garnered \$3,200 to fund a Clinical Supply and Procedure Cart for DASA.

## IANNELLO FAMILY KEEPS FABIO'S LEGACY ALIVE WITH GIFT TO MENTAL HEALTH PROGRAM

On the one-year anniversary of his passing, Fabio Iannello's family presented Mackenzie Health Foundation with a \$30,000 donation in support of the Mental Health Inpatient Unit. On November 30 at the Meridian Arts Center, Fabio's brother Riccardo Iannello, an award-winning opera singer, hosted *Caruso: A Musical Tribute to Fabio Iannello*. With plans to host the event every year, the Iannello family hopes to reduce the stigma around mental health and keep Fabio's memory alive.

# COMING FALL 2020

MACKENZIE HEALTH FOUNDATION IS BUSY PREPARING FOR THESE EXCITING UPCOMING EVENTS. YOUR SUPPORT WILL HELP US REACH THE ULTIMATE GOAL. VISIT THE EVENT WEBSITES FOR THE LATEST NEWS AND UPDATES.

WE HOPE TO SEE YOU THERE!

UNIVERSALCARE  
STRIDES FOR  
STROKE

to benefit  Mackenzie Health

LEAD PARTNER



RICHVIEW MANOR  
ENRICHED RETIREMENT LIVING

RUN/WALK/FUNDRAISE

TENTATIVE NEW DATE:  
OCTOBER 17, 2020

STRIDESFORSTROKE.CA

RIDE  
FOR HEALTH

to benefit  Mackenzie Health

LEAD PARTNER



25/60/100K

OCTOBER 4, 2020

MHFRIDE.CA

TEE OFF  
FOR HEALTH

to benefit  Mackenzie Health

18 HOLES. 1 MISSION.  
SEPTEMBER 16, 2020

MHFGOLF.CA

ULTIMATE  
*Gala*  
ODE TO JOY

NOVEMBER 7, 2020

MHFGALA.CA