Complex Care
Mackenzie Richmond Hill Hospital

Who is part of the Complex Care team?

You and your family are key members of the team, recognizing your right to be involved and make informed decisions in your care.

Your interdisciplinary team includes: your attending physician, physiatrist (as required), nurse practitioner, nurse educator, nurse, physiotherapist, occupational therapist, therapy assistant, recreational therapist, music therapist, complementary therapist, speech language pathologist, dietician, social worker, patient care coordinator and pharmacist.

Complex Care patients

Complex medical
We provide specialized goal-oriented and personalized rehabilitation based on the patient needs, improving the lives of adults recovering from injury or illness. Active participation is critical. The goal will be stabilization of complex medical needs (i.e. wounds, drains, feeding tubes, etc.) in combination with appropriate rehabilitation. We offer patients therapy based on their functional goals. The rest of the time patients will be encouraged to be dressed daily, wear proper footwear and be as independent as possible in their mobility and self-care.

Low Tolerance Long Duration
We provide patients with therapy that focuses on improving mobility and activities of daily living to help patients return home and reintegrate into their lives. Group classes may also be available. The rest of the time patients will be encouraged to be dressed daily, wear proper footwear and be as independent as possible in their mobility and self care.

What can I expect?

Based on your goals set with the therapy team, you will be expected to actively participate in therapy sessions as well as your own self -care and you will be given exercises to do between therapy sessions. For complex care patients, the expectation will be to go home by the date established by the team based on your achievable goals. Length of stay is dependent on progress and participation.

What do I need to bring: footwear, clothing and personal care items.