Pregnancy, breastfeeding and COVID-19

The Society of Obstetricians and Gynaecologists of Canada recommends that all individuals who are pregnant or those trying to become pregnant should receive the COVID-19 vaccination

CONTRACTING COVID-19 WHILE PREGNANT

Pregnant individuals who get COVID-19 have a **higher risk** of requiring breathing support and being admitted to intensive care than non-pregnant individuals

On April 20, 2021, near the peak of the third wave, **30%** of all intensive care unit (ICU) patients at Sinai Health in Toronto were **pregnant or postpartum**

Pregnant women who contract COVID-19 are:

Five times more likely to be hospitalized and spend **3.73** **days longer** in hospital

10 **times** more likely to be admitted to the ICU

More likely to suffer from severe illness and likely to require ventilation/life support breathing

SAFETY OF VACCINES

You can **safely** get the COVID-19 vaccine at any stage of pregnancy, while breastfeeding, or trying to become pregnant. There is no evidence to suggest that COVID-19 vaccines will affect fertility, cause any harm to the fetus or the pregnant individual

COVID-19 can be a very severe disease to people at any age. The risk of complications or severity from COVID-19 **far outweigh** any potential risk from COVID-19 vaccination

Studies suggest the antibodies your body develops following vaccination will pass to your baby, which may keep them **safe after birth**

York Region